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#### F. DE PANTHOU

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VEGETAL SUBSTANCE OPPORTUNITY

# COMMON NETTLE

— Urtica dioica —

- Originally native to Europe, temperate Asia and western north Africa, Urtica dioica is now found worldwide.
- The name Urtica comes from the latin word uro (to burn) or urere (to sting).
- This plant is used in several fields. In fact, nettles fibers were used to make paper. Its leaves are consumed as food, once cooked they are added to soups, teas, beers or eaten as fresh leaves.
- This plant is a resource well known for its interesting nutrients composition, especially iron. It was also used as a topical treatment for bites, wounds, poisoning and smoked to treat asthma.

#### **COSMETICS**

- This extract can be used to preserve cosmetics formulation from lipid oxidation and microorganisms.
- Stimulate hair growth and prevent hair loss

#### **NUTRACEUTICS**

➤ Plant rich in nutrients : used as additives in nutritional food

### **PHARMACEUTICS**

➤ Helps to treat joint pains, arthritis, allergic rhinitis and asthma

VEGETAL SUBSTANCE OPPORTUNITY

# COMMON NETTLE

— Urtica dioica –



# TARGET MARKET

Cosmetics

**Neutraceutics** 

Pharmaceutics/ Health

#### **CHARACTERISTICS**

- Antioxidant
- Antimicrobial activity
- Diuretic activity
- Anti-inflamatory
- Analgesic

## **BINOMIAL NAME**

➤ Urtica dioica

#### **COMMON NAME**

➤ Common nettle

#### INCI

> URTICA LEAF EXTRACT

#### **ORIGIN**

> FRANCE

#### EXTRACTED PART OF THE PLANT

➤ Leaf (organic)

# CHEMICAL COMPOSITION

- ➤ TERPENOIDS IN VOLATILE OIL: Carvacrol, Carvone
- > FLAVONOLS: Kaempferol, Quercetin and its derivatives
- ➤ POLYPHENOLIC ACIDS: Quinic, Caffeic and Neochlorogenic Acids
- ➤ COUMARINS: Esculetin, Scopoletin
- > STEROLS



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